In healthcare, a principle imperative has been established to “First, do no harm.” Historically, we have applied this commitment to patients only.

Today, national and international statistics provide evidence that healthcare providers are subject to some of the highest risks of musculoskeletal disorders at work, as compared to other occupations. Manual patient handling often places the care provider and patient at significant risk for injury. In an attempt to reduce these events of harm to caregivers, the Ascension Risk Management division has developed SmartMOVES Safe Patient Handling & Mobility Program.

The SmartMOVES Safe Patient Handling & Mobility Program will help you define and implement a safe patient handling and mobility program in your Health Ministry.

Links to Safe Patient Handling Videos

- SmartMOVES Program Introduction
- Stretcher Positioning One Slide Sheet and One Caregiver
- Transfer to Head of Bed
- Sit to Sit from Bedside Chair
- Slide Sheet Not Able to Assist
- Sit to Sit Bed to Wheelchair
- Slide Sheet Able to Assist
- Sit to Sit Bed to Bedside Commode
- Sit to Sit with Slide Sheet
- Repositioning Sling with Slide Sheet Turn
- Shower Fall
- Repositioning Sling and Slide Sheet Cleaning and Peri Care
- Repositioning Sling Turn
- Occupied Bed Change Slide Sheets
- Repo Sling - Bed to Wheelchair
- Lower Extremities on Pillow
- Patient Fall - Supine - Ceiling Lift and Repositioning Sling
- Lateral Transfer With Slide Sheets
- Limb Lifter

If you need a refresher on the SMARTMoves practices, please revisit these modules.